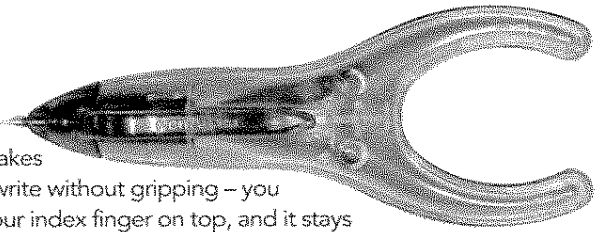


# Getting It Write



Whether you're journaling, writing a thank-you note or just scribbling your weekly grocery list, the right pen can make all the difference. We love these easy-to-use pens for their comfortable grips and easy-on-the-joints design.

**PILOT'S DR. GRIP** pen has a double-thick, contoured shaft that's easy to grip, so it cuts down on hand fatigue. It's been recognized by the Arthritis Foundation's Ease of Use program for its arthritis-friendly design.

For people who can't grip at all, the split shaft of the **PENAGAIN**

(shown) makes it easy to write without gripping – you just rest your index finger on top, and it stays comfortably in place for easy writing.

The **PENDEL ERGO TWIST** pen has a soft, adjustable grip that reduces stress in the fingers. It's also received an Ease of Use commendation.

The **LITE TOUCH PEN** requires only light pressure for writing, and the comfortable thumb indentation makes it easy to hold.

## Your Dog Will Love It! Arthritis-Friendly PET TOY

Having a dog can definitely add happiness to your life. But with a dog comes responsibilities, one of which is making sure your pooch gets plenty of exercise. A great way to do this is by taking Fido outside for a game of fetch with the Chuckit dog retriever toy. This lightweight, plastic toy eliminates the need to bend over again and again. With its long handle and claw-shaped end, it allows you to pick up the ball without bending. The Chuckit dog toy is available at [petsmart.com](http://petsmart.com) for \$9.99.

—ANGIE CATO

ivory plum kiwi

black  
carnation  
lavender  
navy  
red  
beige  
jade  
gray  
red-clay  
mallard  
saffron

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